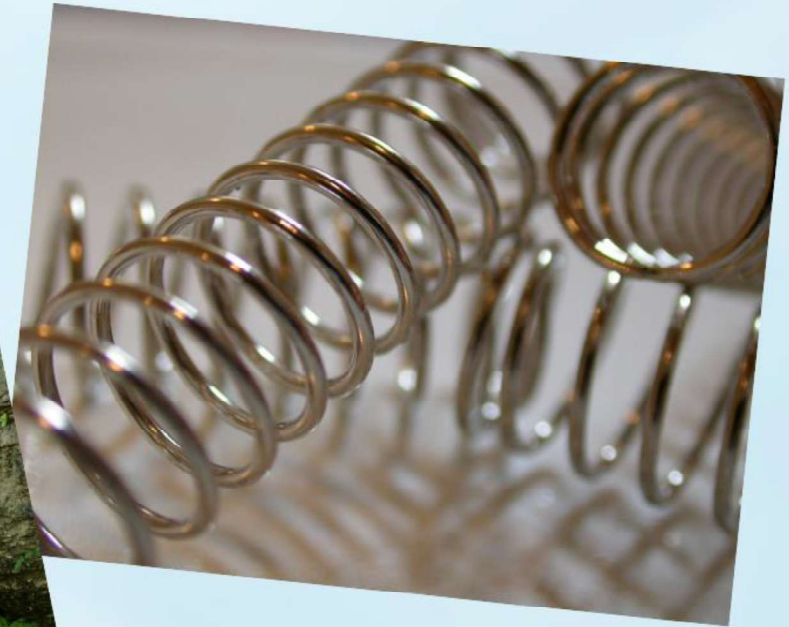
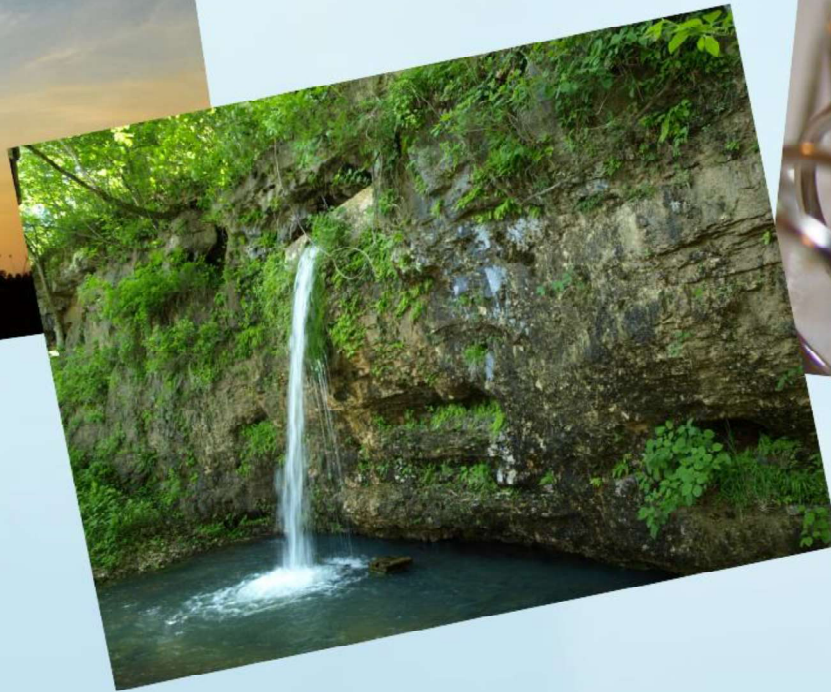


# WARM-UP

What do these three pictures have in common?



# LISTENING

**Click on the QR code below to watch a short video about spring.**



# LISTENING

**What two issues does Trace focus on in his video?**

1

2



# LISTENING - KEY

What two issues does Trace focus on in his video?

1

the vernal equinox

2

how flowers know when to bloom



# LISTENING

**Listen again. Complete the sentences referring to each of the terms Trace talks about in his video.**

**vernal equinox**

'(...) it signifies ..... .'

**seasons**

'(...) they're constantly ..... .'

**the Earth**

'(...) the gravity of other planets and ..... .'

**flowers**

'(...) unlike humans, they have ..... .'

**anti-blooming gene**

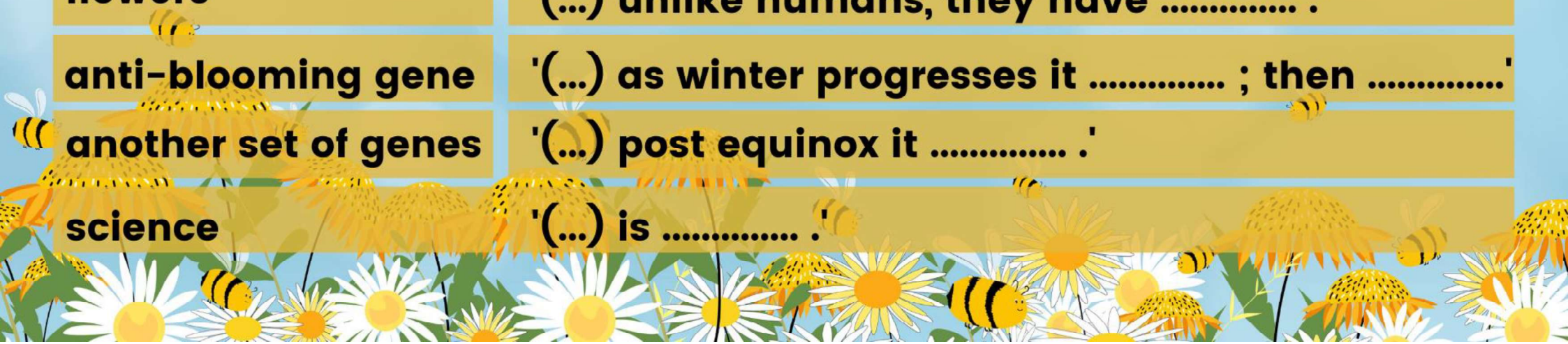
'(...) as winter progresses it ..... ; then .....

**another set of genes**

'(...) post equinox it ..... .'

**science**

'(...) is ..... .'



## LISTENING - KEY

**vernal equinox**

'(...) the beginning of spring for the northern hemisphere and fall for the southern hemisphere.'

**seasons**

'(...) in flux.'

**the Earth**

'(...) astral bodies pull her this way and that.'

**flowers**

'(...) a bit more grasp of when spring has officially begun.'

## LISTENING - KEY

**anti-blooming gene**

**'(...) just shuts off; (...) when spring arrives, it is disabled**

**another set of genes**

**'(...) fires up and tells the flowers to bloom, bloom, bloom, bloom !'**

**science**

**'(...) frickin' incredible .'**

# **SPEAKING**

**What other examples can you provide to confirm Trace's statement that 'SCIENCE IS FRICKIN' INCREDIBLE'?**



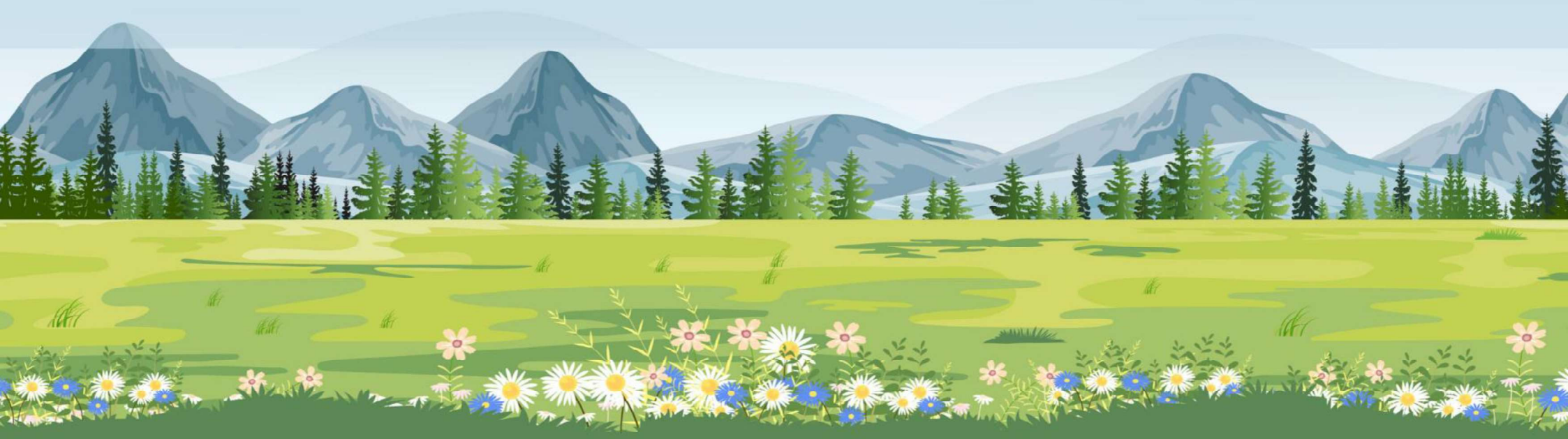


# SPRING IDIOMS AND PHRASES

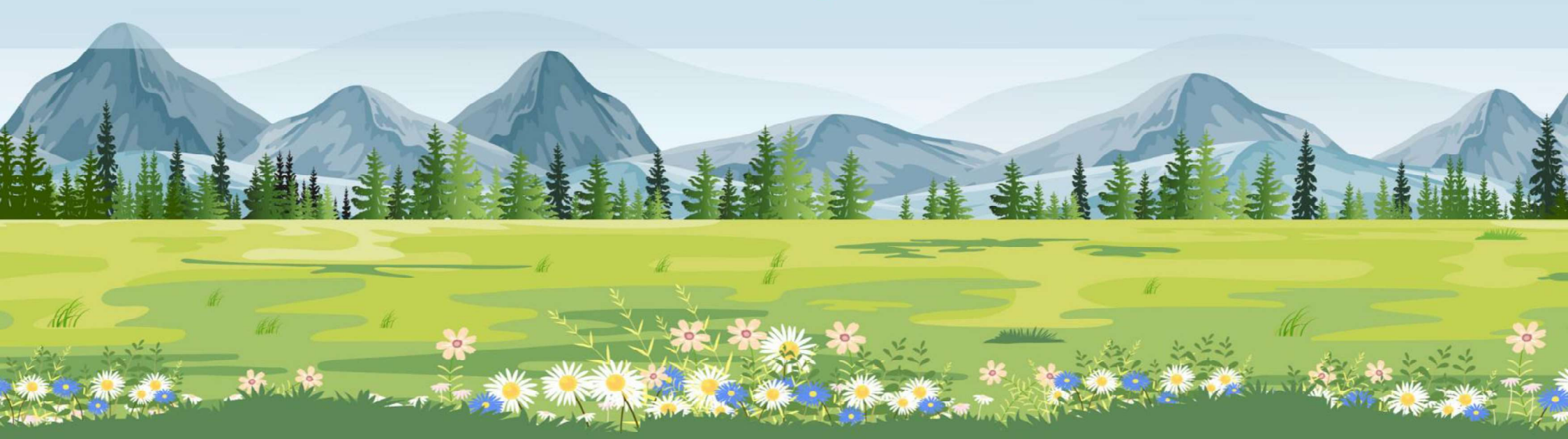


# **SPRING** into **ACTION**

**to suddenly start doing something**



**When was the last time  
you sprang into action?  
Why?**



A vibrant, stylized illustration of a spring landscape. The foreground is filled with rolling green hills and a variety of colorful flowers, including pink, white, and blue daisies. In the middle ground, there are several trees with yellow and green foliage, and a calm blue lake. The background features soft, blue mountains under a bright blue sky with a large, glowing sun and a few birds flying. The overall scene is bright and cheerful, representing the season of spring.

# **SPRING to MIND**

**to suddenly think of something**



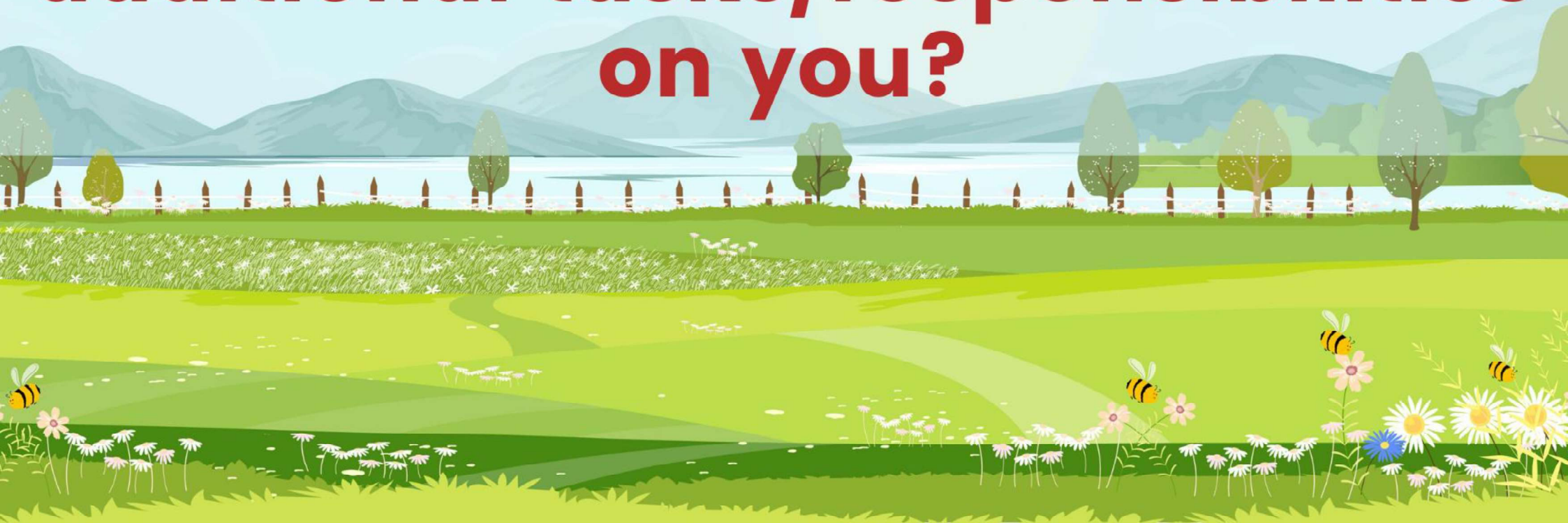
**What springs to your mind  
when you think of spring?**

A vibrant illustration of a spring landscape. The scene features rolling green hills in the foreground, a white picket fence, a blue lake, and distant mountains under a bright blue sky with a large sun, clouds, and birds. In the bottom right corner, there are several bees flying over a patch of colorful flowers.

# SPRING

something **ON** someone  
to surprise someone with something,  
or trick someone

**How do you usually react  
when other people spring  
additional tasks/responsibilities  
on you?**



A vibrant, stylized illustration of a spring landscape. The foreground is filled with a variety of colorful flowers, including white daisies, blue daisies, and pink daisies. The middle ground shows rolling green hills with scattered trees, some with yellow and orange foliage, suggesting early spring. The background features a bright blue sky with soft, white clouds and several birds flying. The overall scene is bright and cheerful, capturing the essence of a warm spring day.

# SPRING FEVER

a feeling of excitement because  
the weather suddenly becomes warmer  
in spring





**How to tell  
if you have spring fever?  
What are the symptoms?**

A vibrant illustration of a spring landscape. The top features a light blue sky with falling leaves in shades of yellow, orange, and green. Below the sky, the text 'SPRING-CLEAN' is written in large, bold, red capital letters. Underneath, the phrase 'to clean all of a place, especially your house, very well, including parts you do not often clean' is written in a smaller, bold, orange font. The background consists of rolling green hills, a range of blue mountains in the distance, and a foreground filled with various colorful flowers like daisies, tulips, and lilies. The overall scene is bright and cheerful, representing the freshness of spring.

# SPRING-CLEAN

to clean  
all of a place, especially your house,  
very well, including parts you do not  
often clean



**What is worse:  
spring-cleaning or  
Christmas cleaning?**

# NO SPRING CHICKEN

no longer a young person



**Do you think  
it is offensive / accurate nowadays  
to refer to a person in their fifties as  
'no spring chicken'? Why?**





# A SPRING IN YOUR STEP

If you walk with or have a spring in your step,  
you walk energetically in a way that shows  
you are feeling happy and confident

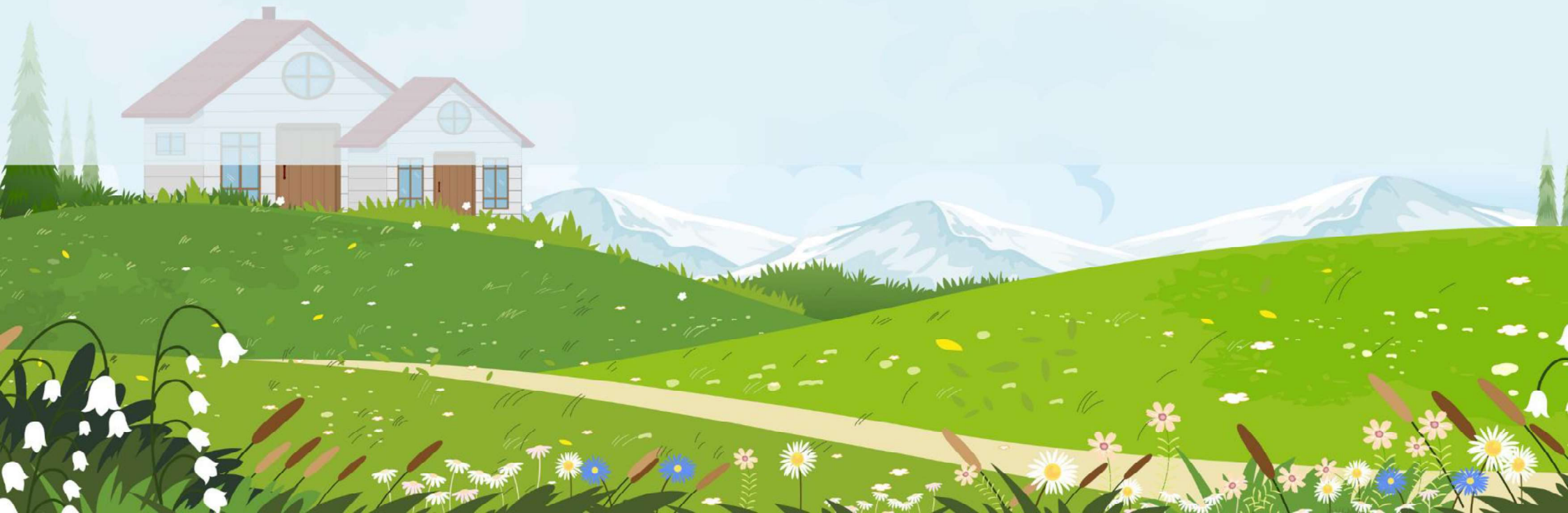
A vibrant illustration of a spring landscape. The top half features a blue sky with a large white sun. Below the sky, rolling green hills are depicted with varying shades of green. In the foreground, a field of white and purple flowers is shown, with several yellow and black bees flying around. A winding path leads through the hills.

# How can you put the spring back into your step after:

- a long illness?
- a failed relationship?
- social distancing

# FULL of the JOYS of SPRING

very happy, full of energy, walking on air





**Can the current situation prevent you from feeling full of the joys of spring? Why (not)? How?**





**grafiki:**

[freepik.com](https://www.freepik.com)

**materiały autentyczne:**

[youtube.com](https://www.youtube.com)



**DOBRA EDUKACJA**  
Aleksandra Kiełtucka