



Three Wise Kangaroos



Food questionnaire

1. Do you pay attention to what you eat? Is food fuel or pleasure for you?
2. What **fad diets** have you hear of recently? Have you tried any of them?
3. Do you **have a sweet tooth** or do you prefer **savoury snacks**?
4. Which products should you eat more of and which ones should you **cut down on**?
5. Do you think that people nowadays have a healthier diet than in the past?
6. How has your country's **cuisine** changed over the last 20 years? Are there any types of food available on the market that your parents couldn't buy in the past?
7. Have you ever had **game** meat? If yes, what type?
8. Do you enjoy cooking? If yes, what's your speciality?
9. What are the five most important **herbs** and spices in your kitchen?
10. Are there any dishes from your country that are famous world-wide? What are they? Are you keen on them yourself?
11. Is there **a recipe** in your family that has been passed on from generation to generation?
12. If you were running a restaurant and it wasn't going very well, would you ask Gordon Ramsay to help you?
13. Why are cooking shows so popular?
14. What's the strangest thing you've ever eaten?
15. When abroad, are you rather **cautious** or **adventurous** when it comes to trying local food
16. Which restaurant in your town can you recommend and why?
17. Do you think **organic food** is worth its price?
18. Do you think that banning fast food restaurants in city centres would help tackle the problem of obesity?
19. If you had a visitor from another country and wanted to treat them to some **staples of your country's cuisine**, what would you serve?
20. Do you believe that we are what we eat?

