



# General Electives

**Jacek Winiarski**

# Who I am at the University

## Jacek Winiarski, PhD, D.Sc.

### **My scientific interests focus on:**

- Social psychology
- Economist psychology (behavioral economist)
- Feminist psychology
- Psychology love and romance

More information in Polish:

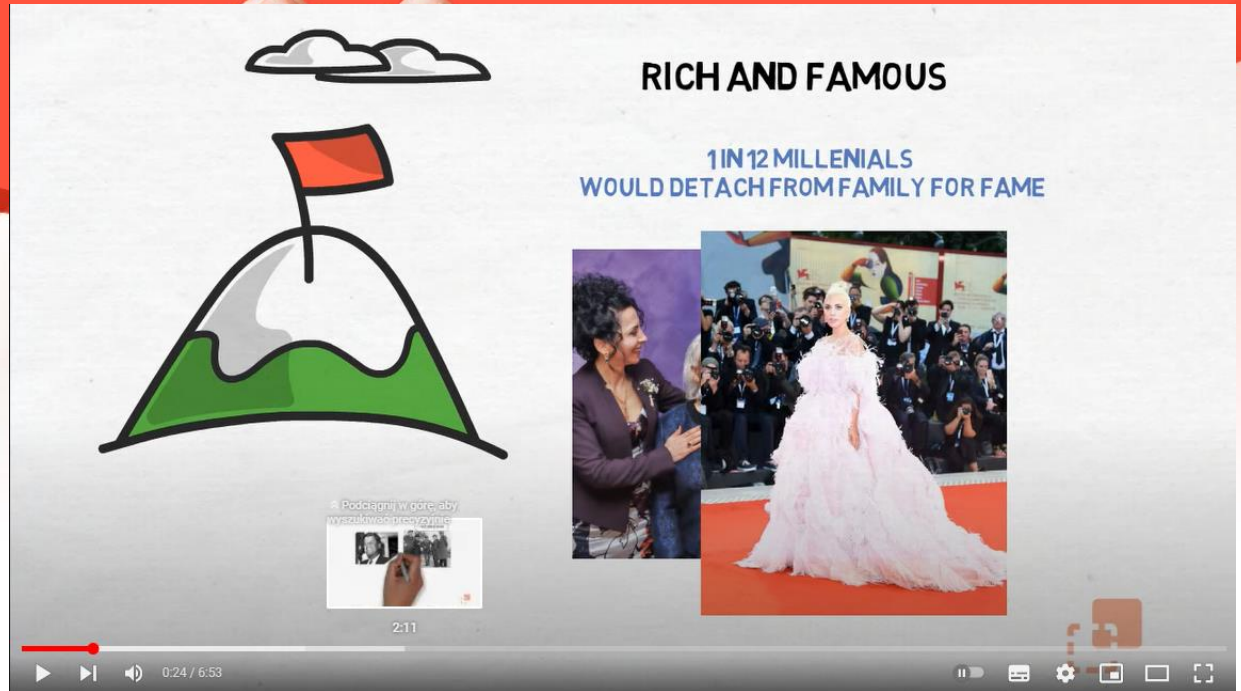
[https://ekonom.ug.edu.pl/web/wydzial/?lang=pl&ao=pracownicy\\_a-z&staff=71](https://ekonom.ug.edu.pl/web/wydzial/?lang=pl&ao=pracownicy_a-z&staff=71)





## **INTRODUCTION**

**Which psychology topic to choose?**



The Secret To Happiness Is NOT What You Think |  
Harvard's Longest Study  
<https://youtu.be/SQxd249OjoA>



# The main aim Psychology class

Understand your personal history  
to create a context for the present  
and anticipate future  
close interpersonal relations

# Love in European religions

Greek mythology



Aphrodite

Roman mythology



Venus

Christianity



St. Valentine

# Theories about love and loving

## TOPICS



1. **Attachment Theory** - J. Bowlby and M. Ainsworth
2. **Five Love Styles** - Milan and Kay Yerkovich's
3. **Four Love Types** - H. Fisher's
4. **Wheel Theory of Love** - I. Reiss's
5. **Love Economic Model** - Ch. Vuong
6. **Triangular Theory of Love** - R. Sternberg's
7. **Colours Wheel Theory of Love** - J. Lee's

# Requirements of the psychology faculty

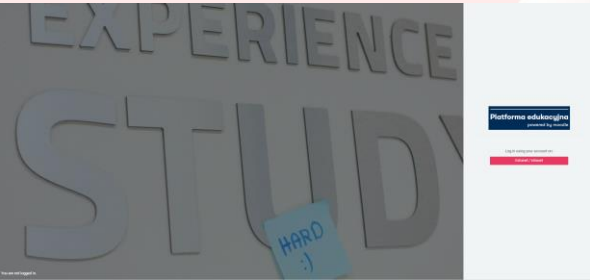
A pair of hands is shown from the chest up, with the fingers interlaced to form a heart shape. The hands are positioned centrally, with the heart opening towards the bottom. The background is a solid red color with a subtle gradient, and a white curved line arches over the hands, framing the title.

- Three tests (1), (2), (3)
- Seven short presentations:
  - (1) Identify the type of relationship in love,
  - (2) Estimate the future of the relationship,
  - (3) Find a partner,
  - (4) Anticipate the future of the love relationship,
  - (5) Translating sentences of love into the language of economics,
  - (6) Assessing the match level of a love relationship,
  - (8) Choose the colour of relationship,
- One short essay (7) - Proposal to repair the love relationship (intimacy).



# Requirements of the psychology faculty

Presentations/speeches/essay and test results are  
**not graded**



I will only record in the Moodle (<https://moodle2.e-wsb.pl/>)  
the fact that a presentation has been shown  
- **pass/no pass(no presentation)**

A background image showing two hands forming a heart shape. The hands are positioned at the top, with fingers interlaced to create the upper curve of the heart. The rest of the heart shape is formed by the lower arms and hands, which are spread out. The background is a gradient of red and white, with a dark red curved band at the top.

# Requirements of the psychology faculty

- 1. All presentations and the essay must be short.**
- 2. Speaking in front of a group of students at each presentation is required to pass the class.**
- 3. Passing the exam is not required.**